

# Grocery Plus

## Healthy Food for Seniors



### Are you . . .

- 60 years or older?
- A DC resident?
- In need of food assistance?

You may be eligible  
for Grocery Plus!

### What is Grocery Plus?

Grocery Plus, also known as DC's Commodity Supplemental Food Program (CSFP), provides seniors with free, nutritious food. Each month, income-eligible seniors over 60 receive a month's worth of shelf stable food.

### What kind of food will you receive?

The contents of the healthy, shelf stable food box change every month and include things like fruits and vegetables, chicken and tuna, rice and/or pasta, peanut butter, beans, dairy items, and more.

### Are there other benefits to signing up?

Yes! When you enroll in Grocery Plus, you are also enrolled in the Senior Farmer's Market Nutrition Program (SFMNP). This program provides seniors with farmers market vouchers that are redeemable for produce at participating farmers markets during the summer months.



### How can you apply?

Visit the Grocery Plus Walk-In Center located at 5601 East Capitol Street SE or call **(202) 644-9880** for income eligibility guidelines and to find a site near you. If you qualify, you will receive a Grocery Plus box the same day! Also, if you are a caregiver to a qualified senior, you may sign up to pick up a box for them. Bring both their ID and your ID when enrolling.



Good food today. Brighter futures tomorrow.

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